

Calhoun County Smoking Cessation Resources

Local Resources

Calhoun County Public Health Dept.

Free Tobacco Quit Kit
(269) 969-6341

Community HealthCare Connections

Free Nicotine Replacement Therapy through
the Prescription Drug Access Program
(269) 969-6494

FreshStart Smoking Cessation Class

Bronson Battle Creek
Free – offered in February and October
(269) 245-8438

Michigan Dept. of Community Health

www.michigan.gov/tobacco

Michigan Tobacco Quit Line

(800) QUIT-NOW

Alternative Therapies

A Amy Hypnotherapy

(269) 963-2333

Health and Energy Acupuncture

(269) 962-2836
<http://www.acupunctureinfo.net>

Oaklawn Hospital Hypnotherapy

(269) 781-9119

Texting Service - Smokefree Txt

smokefree.gov/smokefreetxt/
smokefree.gov/smokefreetxt/FAQs.aspx

National Resources

American Cancer Society

(800) 227-2345
www.cancer.org

American Heart Association

(800) AHA-USA-1
www.heart.org

American Lung Association

(800) 548-8252
www.lungusa.org

National Cancer Institute

(877) 44U-QUIT (Quitline)
www.cancer.gov
www.smokefree.gov

Nicotine Anonymous

(877) TRY-NICA
www.nicotine-anonymous.org

US Dept. of Health & Human Services

www.surgeongeneral.gov/tobacco
www.cdc.gov/tobacco/quit_smoking

Mobile Apps

QuitGuide

From smokefree.gov (iPhone)

Many other apps for different platforms
available

For more information, contact: Calhoun County Public Health Department, (269) 969-6341