

# Drive-Through Flu Clinic!

Never leave your car!

*First Come/First Served*

**Friday, October 9, 2015**



**Sponsored by the:**  
**Calhoun County Public Health  
Department  
&  
Kellogg Community College**

**Friday, October 9th**

**Kellogg Community College  
Parking Lot**

450 North Avenue, Battle Creek  
11am - 6pm

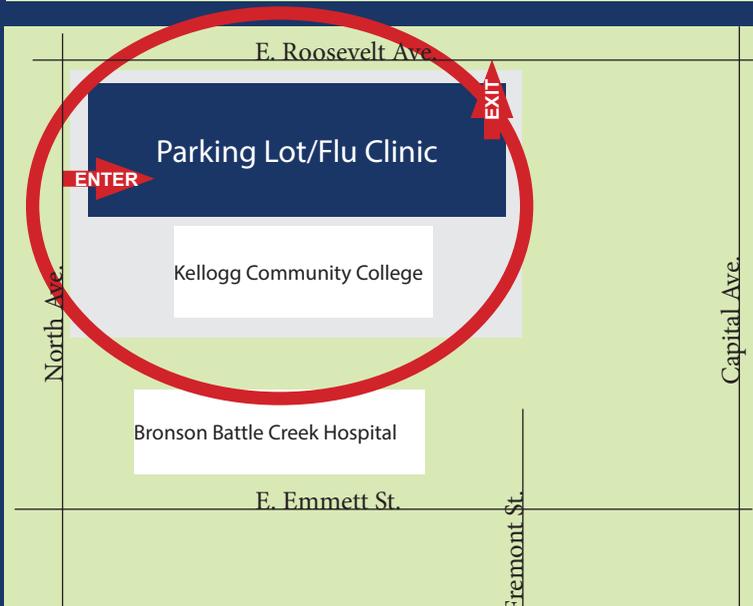
For more information, please call:  
(269) 969-6363

- Short sleeve shirt recommended
- FluMist, High Dose Flu, and Pneumonia Vaccine available
- Flu vaccines/mist \$36-\$52  
Pneumonia vaccine \$83-\$172
- Cash and check accepted
- Many insurances accepted (Medicaid, Medicare, Blue Cross Blue Shield of Michigan, many more)
- Anyone with a severe allergy to eggs cannot get the flu shot
- For quicker service, download, complete, print (both pages), and bring the Flu Vaccine Consent Form with you (download at [www.calhouncountymi.gov/publichealth](http://www.calhouncountymi.gov/publichealth))

**Bring your Picture ID and Insurance Card**

Who should get vaccinated?

- Everyone six months of age or older
- High risk individuals for developing the flu:
  - Children younger than 5, but especially children younger than 2 years old
  - Adults 65 years of age and older
  - Pregnant women (and women up to two weeks post partum)
  - Residents of nursing homes and other long-term care facilities
  - American Indians and Alaskan Natives



# Quick Flu Facts

Influenza (“the flu”) is a contagious disease that is caused by the influenza virus.

It is different from a cold. Influenza comes on suddenly and may include these symptoms:

- Fever
- Headache
- Tiredness (can be extreme)
- Dry cough
- Sore throat
- Nasal congestion
- Body aches

Flu season is predominantly between November and February, but can begin as early as October and last through May.

Flu shots are given annually from October through early winter. The best time to get a flu shot is October through November, however you can still get your shot after November.

It takes about two weeks for the vaccine to take effect.

## Protect Yourself from the Flu!

- Wash your hands frequently
- Avoid close contact with people who are sick
- Stay home when you are sick
- Cover your mouth and nose when sneezing or coughing
- Avoid touching your eyes, nose, or mouth.