



Calhoun County Board of Health Meeting Minutes

June 22, 2015

Board of Health

Nancy Mullett, Vice-Chairperson
Mary Jo Byrne
Amy Davis
Kathy-Sue Dunn, County Commissioner
Rick Hensley
Ronnie Sims

Absent

Dr. Mahesh Karamchandani, Chairperson

Meeting called to order

Mullett called the meeting to order at 8:01 am.

Agenda

Byrne motioned for agenda approval. Hensley seconded. All in favor, motion passed.

Consent Agenda

Sims motioned for approval of the consent agenda. Davis seconded. All in favor, motion passed.

Public Comment

No public comment

Presentation

Smith delivered a presentation on the Substance Abuse Council (SAC) which included the following:

- Overview of how SAC began and current staffing level.
- The SAC mission: Achieving greater community health through the prevention and reduction of substance abuse.
- The SAC tries to prevent substance abuse through collaboration (with other organizations), education, task forces and committees, prevention activities, and prevention and intervention programs.
- The Recovery Oriented Systems of Care (ROSC) has been a state mandated program since early 2014, but no funding is provided. There is a large problem of relapse in the substance abuse community. This program's intent is to help prevent relapse by working with the whole family, not just the person who is abusing.
- Media campaigns are used in an attempt to reach the whole community, including teens.

Health Department

Deb Metzgar
James Rutherford, Health Officer

Other

Dawn Smith, Substance Abuse
Council
Mike Grider, Alano Club Pills
Anonymous

- Prescription drug abuse is a nationwide epidemic.
 - Flushing old medications is no longer an acceptable practice. The SAC has placed Red Med boxes in all law enforcement agencies. Red Med boxes allow citizens a way to properly dispose of expired or unused medications.
 - Medications kept/stored at home should be in a locked cabinet as 60-70% of kids get pills from home medicine cabinets. It is very profitable for children to sell these pills. Many parents are modeling behavior that teaches children that sharing prescriptions is acceptable.
 - Calhoun County ranks first for overprescribing drugs in Michigan.
- Grider talked about his personal struggle with substance abuse and how he came to the point where he is today, running the Pills Anonymous program at the Alano Club in Battle Creek.
- Early intervention programs run by the SAC are Celebrating Families for the Recovery Community and Prime for Life.

Health Officer Report

Rutherford presented the Health Officer Report. The items discussed were:

- Recently had a good meeting with the W.K. Kellogg Foundation (WKKF) to discuss programs they are currently funded by the WKKF. The Lead in Schools grant ends this summer and funding for the planning phase of the C1B1 Initiative will be ending in September.
- Work is beginning on the 2016 budget. In August, Board of Health members will be solicited for a committee to review the 2016 budget.
- The Calhoun County Public Health Department's office opened at its new Albion location on June 15, 2015.

Meeting adjourned at 9:20 a.m.

For a copy of the presentation or the Health Officer report, please contact Deb Metzgar at 269-969-6463 or via email at dmetzgar@calhouncountymi.gov